



Insurance Benefits Resources

To verify insurance benefits for your nutrition counseling, please first call the number on the back of your insurance card. Below are some questions that may be helpful in asking to ensure you get the most of your benefits.

- Do I have benefits for nutrition counseling, CPT codes 97802 & 97803?
- Do I need to meet a deductible for nutrition counseling and if so have I met this deductible?
- Do I have any nutrition counseling benefits covered under the preventative care portion of my plan?
 - If I do not, do I have a deductible to meet before insurance pays and what is the amount of my deductible?
- Is a doctor's referral required?
- Is there a limit of number of visits I am allowed per year?
- Is there a time limit to my session per visit?
- Do I have a co-pay or co-insurance?
- Are there any benefits for an out-of-network provider and how much does my insurance pay for an out-of-network provider for nutrition counseling?