



## Authorization Release/Request Health Information

Client's name: (First, Middle, Last) \_\_\_\_\_

Date of Birth (MM/DD/YY): \_\_\_\_\_

Today's Date (MM/DD/YY): \_\_\_\_\_

Authorization Initiated by Name (client, provider, other) : \_\_\_\_\_

Information to be released:

- Personal health information related to treatment of client;**  
 **Selected information related to treatment of client. (Please Explain:)**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Information to be released or received:

Contact Name \_\_\_\_\_

Contact Facility/Practice \_\_\_\_\_

Contact Relationship \_\_\_\_\_

Contact Address \_\_\_\_\_

Phone: Business \_\_\_\_\_ Cell \_\_\_\_\_

Fax \_\_\_\_\_

Email Address \_\_\_\_\_

Purpose for Release of Information: \_\_\_\_\_

I hereby authorize LexStart Nutrition, LLC to release/receive information from the following health care providers via verbal, mail and/ or fax communication. I understand that the following types of protected health information may be used, disclosed, and retained by the health care providers as a result of the communications. I understand that authorization is voluntary, that the information to be disclosed is protected by law and the use/disclosure is to be made to conform to my directions.

Signature of Client: \_\_\_\_\_

Signature of Parent/Guardian (if under 18): \_\_\_\_\_

Date of Signature: \_\_\_\_\_ (MM/DD/YY)